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LA CUISINE DU CENTRAL

Michel & Marie-Pierre Troisgros

LE CENTRAL – ITS CUISINE

Michel and Marie-Pierre Troisgros

TEXT BY BÉNÉDICT BEAUGÉ

PHOTOGRAPHY BY MARIE-PIERRE MOREL

In 1995, Michel Troisgros and his wife Marie-Pierre opened a “café-restaurant-grocery” beside the Maison Troisgros, their three Michelin-starred restaurant in Roanne. The memory of Italian *salumerie* inspired them to embark on this new adventure, an elegant setting serving classic often cuisine, some French staples – such as onion and porcini tart and fourme cheese omelet) as well as foreign fare – fish and chips with gravy sauce and sea bream ceviche. There are also quality groceries to be found such as *judion* – huge white beans they discovered in the tapas bars of Seville and their incredible rabbit livers with artichoke.

A pioneering neo-brasserie, the Central has its own specialties, some of which diners would simply not allow the owners to remove from the menu, such as the chocolate dariole and the tartare de la gare.

This book offering 82 recipes is based on the Central’s culinary repertoire so that you too can savor something of the Central’s delectable atmosphere at home.



The Maison Troisgros has maintained three Michelin stars since 1968 and scores 19/20 in the *Gault et Millau Guide*. Michel Troisgros is the third generation of the family’s chefs, having taken over the restaurant in 1983.

Bénédict Beaugé has authored a number of his own books as well as working alongside chefs. Of particular note, a book about French-English relations through the optic of beef, *Rosbifs ! L’histoire des relations franco-anglaises au travers de la viande de bœuf* (Textuel, 2006).

Marie-Pierre Morel produces photographs for books and magazines, as well as her own personal work. Fascinated by daylight she loves simple, or as she calls it, “lazy” photography.

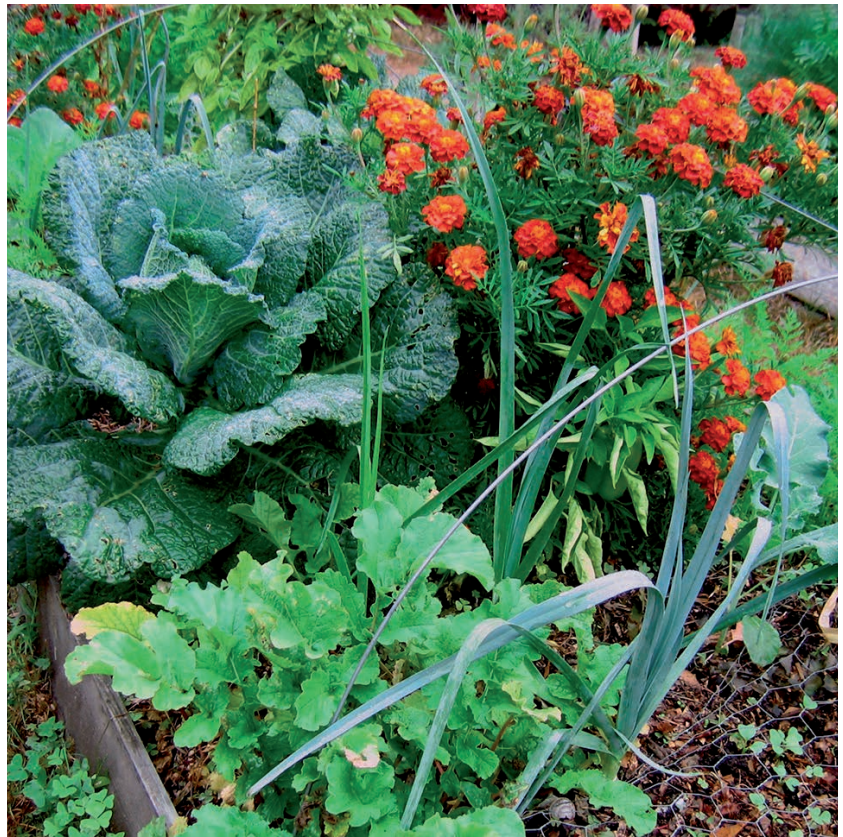
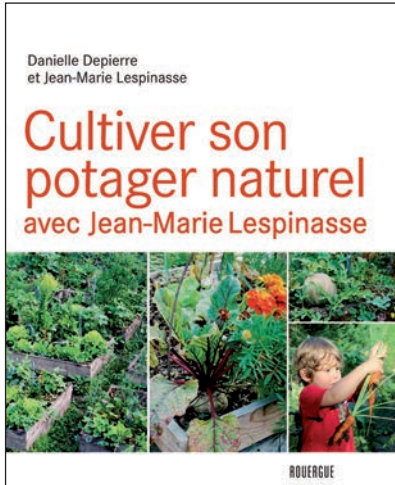
17.5 x 24.5 cm

194 pages

Hardback

March 2016

Retail price: 24.90 euros



The internationally renowned fruit-tree specialist Jean-Marie Lespinasse worked for the INRA in Bordeaux from 1962-2000 creating new varieties of apple tree, studying fructification and implementing new growing approaches. Since 2000, he has worked as a scientific adviser with the Aquitaine species conservation group.

Danielle Depierre founded the La Machine à Lire in Bordeaux with Henri Martin was a librarian for 29 years.

CULTIVER SON POTAGER NATUREL avec Jean-Marie Lespinasse

GROWING YOUR OWN KITCHEN GARDEN – NATURALLY
with Jean-Marie Lespinasse

DANIELLE DEPIERRE AND JEAN-MARIE LESPINASSE

The internationally renowned fruit-tree specialist Jean-Marie Lespinasse implemented his taste for research and experimentation in his kitchen garden. Eager to learn how to grow without fertilizers, he created the model self-sustaining nursery garden, which has inspired specialists everywhere and about which he wrote the book *Le Jardin naturel de Jean-Marie Lespinasse* in 2006 (3rd edition in 2013). A regular conference speaker, Jean-Marie Lespinasse's garden welcomes many visitors a year. The former book merchant Danielle Depierre suggested that he provide a simple explanation of the foundations of his approach in a new reader-friendly book with suggestions for beginners and improvements. This easy-to-read positive book is sure to peacefully revolutionize the principles of gardening.

21.2 x 26 cm
144 pages
Softback with flaps
March 2016
Retail price: 24,50 euros



NAINS, HERCULES & GÉANTS

Humanités prises par la taille

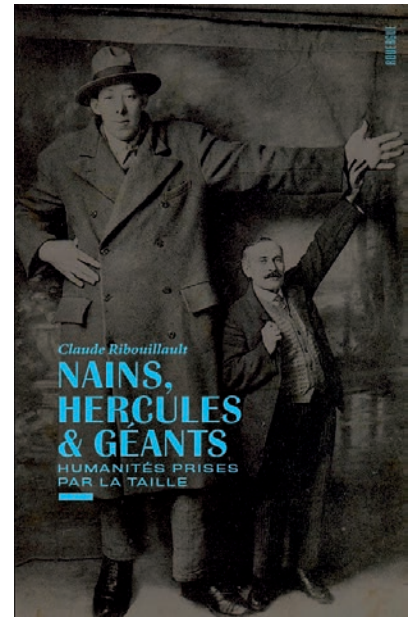
DWARVES, HERCULES AND GIANTS

Humanity viewed by size

CLAUDE RIBOULLAULT

A picture book depicting the diversity of the human race and questioning the power and persistence of stereotypes.

By definition, the right to be different does not exclude difference. It doesn't swallow it up either and make it invisible. If exceptions to the norm have always appealed to the imagination to become the stuff of legend, it's possibly because nobody is the same as anybody else. In this permanent confrontation of identities, humanity can also be categorized by size. Dwarves and giants have always inhabited picture books and fairytales and, with the advent of photography, they enjoyed a heyday. Here Claude Ribouillault has created a collection of photographs showing how reality constantly nourishes the dream. This work is a delectable portrayal of jesters, circus dwarves, village idiots, fairground giants and magnificent colossi whose proportions celebrate the extremes of our physical condition.



Claude Ribouillault was born to a family of storytellers and wedding musicians and has already published two books about popular music heritage: *La Musique au fusil* devoted to the musical practices of soldiers in the Great War (1996, republished in 2014), and *Musiques d'à bord* looking at images of the sea in sailors' song (2015).

18 x 28 cm

160 pages

225 color illustrations

Hardback

October 2016

Retail price: 29.90 euros

FOREIGN RIGHTS:
Isabelle Alliel
Tel: 00 33 (0)4 90 49 56 69
i.alliel@actes-sud.fr

PARTNERSHIPS:
Anne-Sylvie Bameule
Tel: 00 33 (0)4 90 49 56 85
as.bameule@actes-sud.fr

EXPORT SALES:
Aurélie Lhotel
Tel: 00 33 (0)4 90 49 56 56
a.lhotel@actes-sud.fr

ACTES SUD
Le Méjan
Place Nina-Berberova BP 90038
13633 Arles cedex, France
Tel: 00 33 (0)4 90 49 86 91
Fax: 00 33 (0)4 90 96 95 25

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